

THE EFFECT OF EMOTIONAL INTELLIGENCE ENHANCEMENT PROGRAM ON SUICIDAL IDEATIONS, AMONG ATTEMPTED SUICIDE ADOLESCENTS

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ABSTRACT

The present study aimed at, evaluating the effect of emotional intelligence enhancement program, on suicidal ideation among attempted suicide adolescents. Quasi- experimental research design was used. Convenient sample consisted of 36 suicidal adolescents; recruited from Poison Control Center, Cairo University. Data were collected through using; the socio demographic sheet, Beck Depression and Suicidal Inventory BDI-II, Bar chard emotional intelligence scale, and Life Stressors questionnaire. Results revealed that, the family problems were the most prominent stressors. There was positive correlation between depression and suicidal ideation, while there was no significant correlation between emotional intelligence and either suicide ideation, or depression. In conclusion, the program improved depression, suicidal ideation and emotional intelligence. It is recommended that emotional intelligence enhancement programs should be implemented as preventive measure at secondary schools and counseling centers should be established at all schools.

KEYWORDS: Adolescents, Depression, Emotional intelligence, Suicide